

Provided by the Iowa Department of Elder Affairs

<i>Services Needed</i>	YES	NO	COMMENTS
Financial Planning			
Legal issues (Wills, Advanced Directives, Power of Attorney, Estate Planning, etc.)			
Transportation			
Social activities			
Snow Removal & Lawn Care			
Housekeeping Services			
Assistance with cooking & meals			
Physical Therapy			
Speech Therapy			
Occupational Therapy (improves ones ability to perform daily activities)			
Health monitoring of blood pressures, food or liquid intake, weight			
Mental Health			
Exercise			
Mental stimulation			
Personal care or assistance with bathing, shampoos, shaving, toileting			
Adult Day Services			
Assistance with walking			
A safe, secure environment			
Dementia Services			