

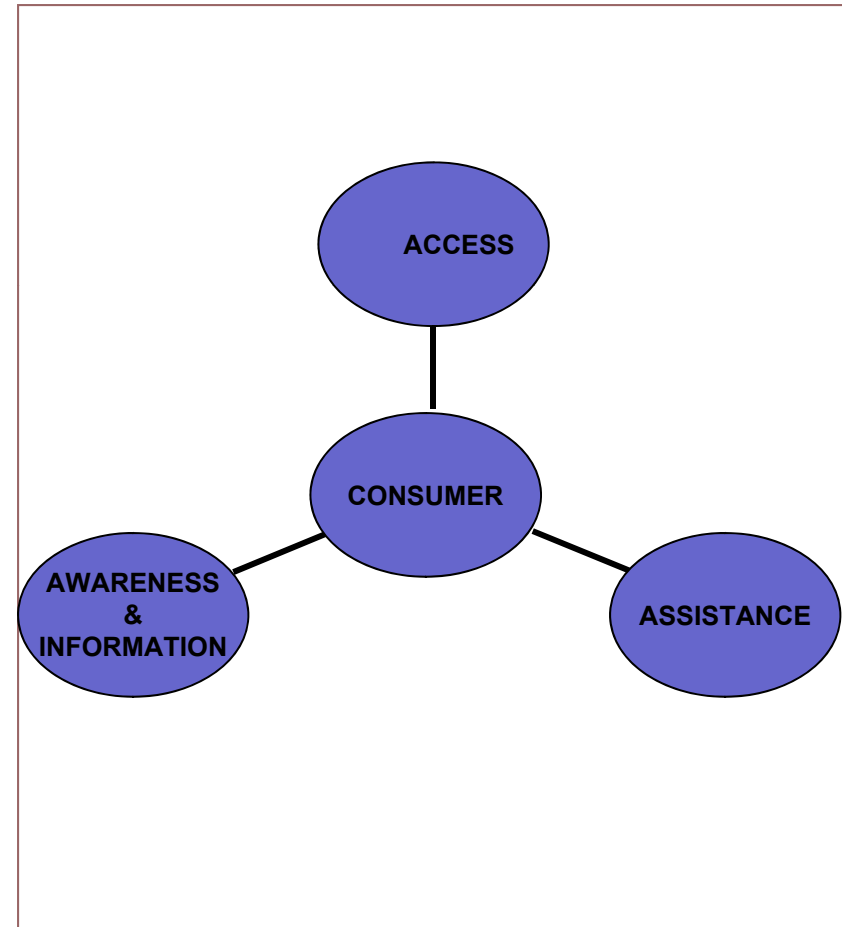
Aging and Disability Resource Center

ADRC Vision

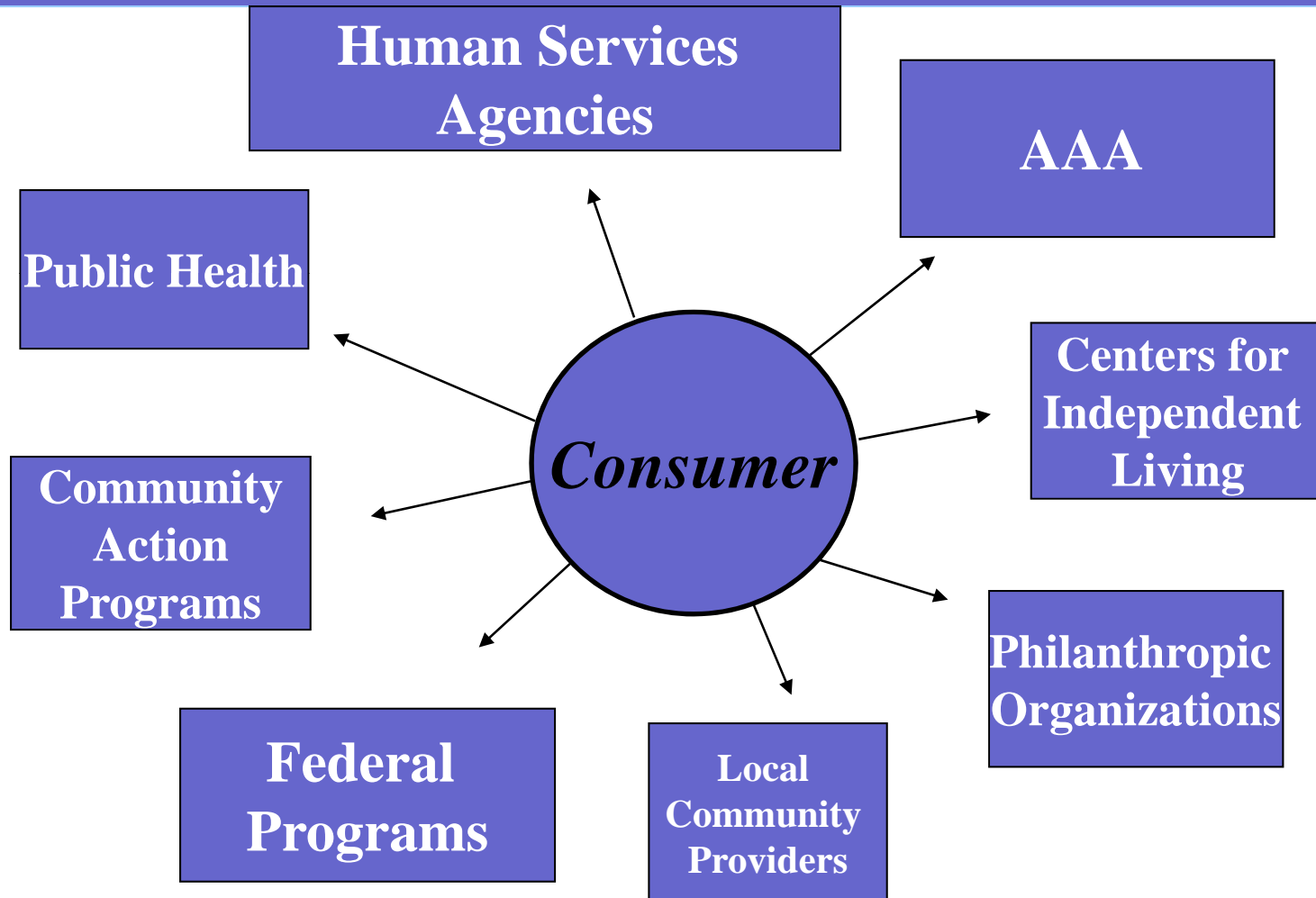
- **To create a coordinated system of information and access for all persons seeking long-term supports to minimize confusion, enhance individual choice, and support informed decision-making and access to services.**

ADRC Core Functions

- **Awareness & Assistance**
 - Public Education
 - Information on Options
 - Options/Benefits Counseling
 - Employment Options Counseling
 - Referral
 - Crisis Intervention
 - Planning for Future Needs
- **Access**
 - Facilitate Connections to Private Pay & Public Services
 - Programmatic Eligibility Determination
 - Coordinated Access to all LTC Services and Supports



Consumer-oriented



**Growing the Iowa ADRC
2004-2008...
Phase I**

www.LifeLongLinks.org

- **Coordinates the entry point for aging and disability information and referral resources.**
- **Opens the door to HCBS.**
- **Engages consumers early on in the continuum of planning – provides information before services are needed.**

Quick Links


AltaVista
BabelFish
To translate this page, click a flag!




Font Size
Normal
Medium
Large



Questions



Give Us Feedback



Web site Problems



How to use this Web site



Welcome to
Life Long Links
Connecting you to Iowa's aging and disability resources

A resource to help you think about and plan for your needs, now and in the future.

Many people do not think about what it takes to live well with a disability or age-related concerns until they need help or a crisis occurs. You can prepare for the many transitions that occur in a lifetime by planning. Whether you are responding to a current need or planning for the future LifeLong Links can help you find your way through an array of choices, information, and options.



You can make decisions about the services you or your loved one need by using the information on this site. A broad range of services and support is available, even when a person's independence is limited. In the aging community, these options are sometimes called "long-term care" or "aging in place." In the disability community, these are "community supports" or "supports for independent living." This Web site provides links for both populations.

[Click Here to Begin Planning](#)

Looking For Services

Elders

- Find local services
- Make a referral
- Help me stay at home

Persons with Disabilities

Parents of Children with Disabilities

2-1-1

Iowa State government resources

**Growing the Iowa ADRC
2008-2009
Phase II**

Pilot Projects

- **Johnson County ADRC**
 - **Lead Agency: Elder Services**

- **Linn County ADRC**
 - **Lead Agency: Linn County Senior Assistance Program**

ADRC Pilot Project Core Functions

1. Planning and Collaboration

- **LTC service and support stakeholders – consumers and providers**
- **Local ADRC Advisory Council**

2. Outreach, Education and Advocacy

3. Information and Assistance

- **Develop a process for screening: needs and eligibility.**
- **Refer consumers with complex or multiple needs to the options counselor.**

ADRC Pilot Project Core Functions

4. Long-term Services and Supports Options Counseling

- Counselors assist consumers who have intermittent and short-term service and support needs, especially at key or critical decision-making points of their lives, and provide education and outreach to help them understand their options and access supports/services.**

ADRC Pilot Project Core Functions

Options Counselors are available to:

- **Assess need and provide options,**
- **Offer short-term assistance and develop a long term relationship as life events change,**
- **Provide flexible support as directed by the consumer,**
- **Tailor information, assistance and advocacy to meet specific needs,**
- **Empower family caregivers to make informed decisions,**
- **Provide the least possible intervention to needs,**
- **Work with aging consumers and adults with disabilities.**

ADRC Pilot Project Core Functions

Options Counselors

- **ARE NOT** long-term case managers and **DO NOT** provide the resources for service planning. There are important differences between the two functions in eligibility, processes, and level of involvement with consumers.
- **MUST HAVE** a 4 year degree and at least 4 years experience serving the target population, and be knowledgeable about the entire array of programs, services, and benefits available to support the long-term service and support needs of the consumer.

ADRC Pilot Project Outcomes

- **457 consumers served by options counselors (combined Linn and Johnson County – July 2008 thru June 2009)**
- **Providers reported high satisfaction with collaborations developed and satisfaction with the referral process and resulting reduction in consumer confusion.**
- **Consumers served reported having**
 - **better understanding of the options for LTC services and supports,**
 - **more information about their LTC service and support choices,**
 - **better idea of where to go for assistance with LTC services and supports, and**
 - **less confusion, in general.**

**Growing the Iowa ADRC
2009...
Phase III**

Moving Forward

- **Maintain and develop**
www.LifeLongLinks.org
- **Serve consumers in the 7-county**
LifeLong Links ADRC site in east-
central Iowa
(The Heritage Agency service area)

Moving Forward

- **RFE for new ADRC site**
- **Nurture and develop partnerships at the state and local level**

The Bottom Line

◆ADRC SUCCESS REQUIRES:

- **Consistent effort (staffing, training, funding)**
- **Careful planning**
- **Committed leadership at the state and local level**
- **Highly-engaged partners (including consumers)**
- **Funding**

Thank You!

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